

SIMPLE SORBET

3-INGREDIENT

HOW TO MAKE SORBET WITH 3
SIMPLE INGREDIENTS





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METHOD

- Shake the can of coconut milk to make sure it is not separated.
- Add fruit, coconut milk and honey/lemon juice (if using) to a food processor or blender.
- Blend until smooth, scraping down the sides of the blender as needed.
- Pour into a freezer-friendly, airtight container. Freeze for 3-6 hours, or until completely frozen.
- Allow to thaw for 10-50 minutes before scooping or alternatively microwave for 15 seconds to soften.

INGREDIENTS

- 3 cups frozen fruit of choice
- 1 can coconut milk (room temperature)
- 1-2 tbsp. honey or 1-2 tsp. lemon juice (optional)

FLAVOUR TIPS:

Your imagination really is the limit when it comes to different flavour combos! Some of our must-try favourites:

- Mango
- Strawberry
- Banana
- Peach
- Orange
- Watermelon