



DARK CHOCOLATE PEANUT BUTTER LOVE BITES

Treat yourself with these easy and delicious bites!

INGREDIENTS

- 2 medium ripe bananas
- 1/4 cup nut butter of your choice
- 1 cup dark chocolate
- 1 1/2 tablespoons coconut oil

DIRECTIONS

- Cover a baking sheet with parchment paper. Slice each banana into thin slices and arrange half the pieces on the baking sheet.
- Spread peanut butter onto each banana slice, then cover each slice with another slice. place in the freezer for about 30 minutes or until frozen.
- Place the coconut oil in a microwave-safe bowl and microwave until melted.
- Stir in the chocolate, and continue to microwave until smooth.
- Use a fork or spoon to cover each banana bite in chocolate, then place back on the sheet.
- Freeze for one hour and enjoy!

