CHOCOLATE STRAWBERRIES





DIFFICULTY: EASY TIME: 5 MINS SERVES: 1-2

A serving of antioxidant-rich fruit that doubles as a delicious dessert!

INGREDIENTS

• 6-8 medium strawberries

• 2 squares dark chocolate of choice (70% cocoa)

METHOD

Use 20-30 sec intervals to melt the chocolate in a small microwave-proof cup. Dip the strawberries in the chocolate and place on a plate. Refrigerate until set.

Use vegan or dairy-free chocolate to make this recipe either vegan or Paleo-friendly.